

Practical Details

Directions:

Kestin House is on the corner of Crescent Road and Crawley Green Road. Turning in from Crescent Road the car park is to your right, up the slope. The offices of Urban Saints are found on the 1st floor through the main (bookshop) entrance. Back outside, follow a few steps to the right of the main entrance, turn left, and the prayer room is at the end of the building. It is an external building on the first floor, which is reached by unlocking the outer door and going up a staircase.



Opening Hours:

The prayer room can be used at any time. Access is much easier during the working day when Urban Saints staff can let you in, but it is also possible to come during evenings and weekends by arranging to pick up a key. To ensure the prayer room is available, please do book.

Access and Booking:

To book the prayer room please contact Bernie Wheeler at Urban Saints on 01582 589836 or bwheeler@urbansaints.org. The key can be picked up from Kestin House between the hours of 8.30 a.m. - 5.30 p.m. by arrangement with Bernie and then left in the room **or** by arrangement with either Helen Malcolm (01582 896012) or Lucie Shuker (07749 334017) at evenings and weekends.

Facilities: Tea and coffee are available in the prayer room. Unfortunately there is neither disabled access or a toilet at present.

The Prayer Room

What's the idea?

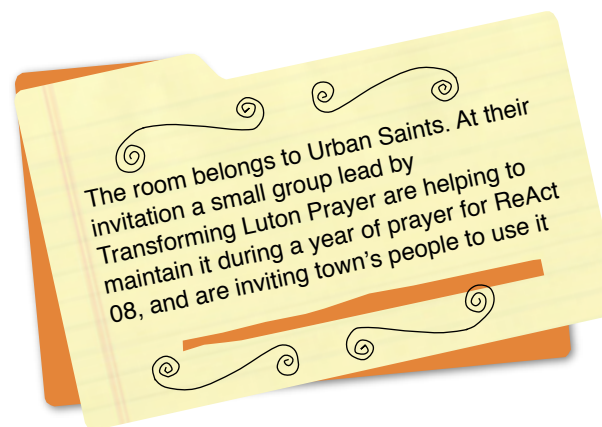
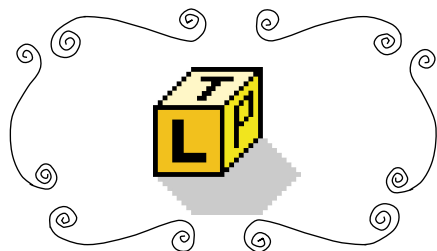
The prayer room is simply a space that is open for individuals, friends and groups to use for times of prayer, whether 20 minutes or 24 hours! It exists in the hope that it might spark prayer both in our individual lives and in and across our churches, for the sake of the kingdom of God. It is open to all - especially those who don't feel very 'good' at prayer!

Why go to a room?

We can of course pray wherever we are, but there is something unique about creating a physical space that is dedicated purely to prayer. Taking an hour out of your day to spend in a prayer room can create expectation and accountability.

A shared location also provides a strong sense of being part of the wider church in Luton. You will scribble prayers onto walls that are getting slowly covered with writing and find candles already half-burned down.

It's often said that an hour in a prayer room can feel like 10 minutes. The space is designed to be as conducive as possible for you to pray creatively, with all your senses. There are resources to help you focus your prayers, like newspaper cuttings and prayer requests from local schools and churches. You will also find plenty of books, art materials and music to help you spend time with God. Prayer rooms sometimes become places of mission themselves as people visit them for the first time and encounter the presence of God in a new way.



The room belongs to Urban Saints. At their invitation a small group lead by Transforming Luton Prayer are helping to maintain it during a year of prayer for ReAct 08, and are inviting town's people to use it

Ideas

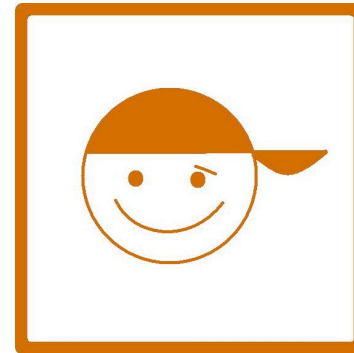


Have a desire to pray more, but lacking the discipline?

You could book the prayer room for an hour each week and drop in on your way back from work. It's surprisingly easy to spend time unwinding with God every now and again instead of in front of the TV.



There are loads of ways you could use the prayer room...but here are just a few



Want to inspire some teenagers to pray?

Why not make youth group a bit unusual and have a half night of prayer at the prayer room? Light some candles, play some music and encourage them to stay up past midnight talking to God about school, relationships and life.



Feel like your church is a bit isolated?

You could approach another local church and suggest a combined meeting at the prayer room where you hear what each other are doing and have the opportunity to pray for one another



Want to pray for an upcoming initiative or evangelistic course?

Why not take 24 hours on a weekend and invite people to sign up for an hour or more each in the prayer room? You'll create an unbroken chain of prayer for God to move and then you could all meet at the end to hear how it went.



Join with others from TLP to pray for the town. There are focused times, such as prayer for the Alpha suppers, prayer for schools, Advent Prayer and 10 day's of prayer when you can join with others to pray for different aspects of the town. Details about these go out with our other publicity